



CHRIS HERREN: BIO

An extraordinary basketball player, Chris Herren was a celebrated star in his native Fall River, MA before graduating high school. He went on to play at Boston College and Fresno State, two seasons in the NBA – including one with his hometown team, the Boston Celtics – and seven seasons overseas before losing it all to the disease of addiction.

With the unwavering support of his family and friends, Chris has been sober since August 1, 2008, and he now shares his story with the goal of making a positive difference in the lives of others.

His recovery journey has been documented in the bestselling memoir, “Basketball Junkie,” the Emmy-nominated ESPN Films documentary, “Unguarded” and in countless local, national and international stories by *The New York Times*, *The Boston Globe* and *Sports Illustrated*, among others. Through Herren Talks, Chris has spoken to over 1 million students and community members, sparking honest discussions about substance use disorder and wellness.

In 2011, Chris grew his vision of support for others when he founded the nonprofit Herren Project. Through the organization, Chris and his team empower schools and communities to make healthy choices, while also guiding families through recovery. In 2018, Chris also founded Herren Wellness, a residential health and wellness program that helps guests lead healthy, substance-free lives.

CONTACT INFORMATION:

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