

LOCAL RESOURCES

Help Is Here, DE
helpisherede.com

911 Crisis Hotline
Northern DE 800.652.2929
Southern DE 800.345.6785

SAMHSA's treatment referral
samhsa.gov | 800.662.4357

atTack addiction
attackaddiction.org

TREATMENT

Connections Community Support Programs
866.477.5345

gaudenzia.org

delawareteenchallenge.org

SUPPORT: 12 Step

Alcoholics Anonymous
877.654.7925

Narcotics Anonymous
800.773.9821

Al-Anon
al-anon.org

NEVER LEAVE SOMEONE WHO OVERDOSES!
Delaware's Good Samaritan Law protects people who help with an overdose from arrest and prosecution for certain crimes. It DOES NOT protect people who leave someone who has overdosed.

115 Americans die every day from an overdose

GET NARCAN TRAINED

Naloxone is a medication that can reverse the effects of an opioid overdose. First responders, law enforcement officers, and school nurses carry naloxone, and training is available to members of the community. If someone is struggling with an opioid addiction, family members and loved ones can get educated on appropriate naloxone use and have it ready to prevent a potential overdose. Get trained and get a prescription. Narcan can be bought, without a prescription, at your local CVS and Walgreens.



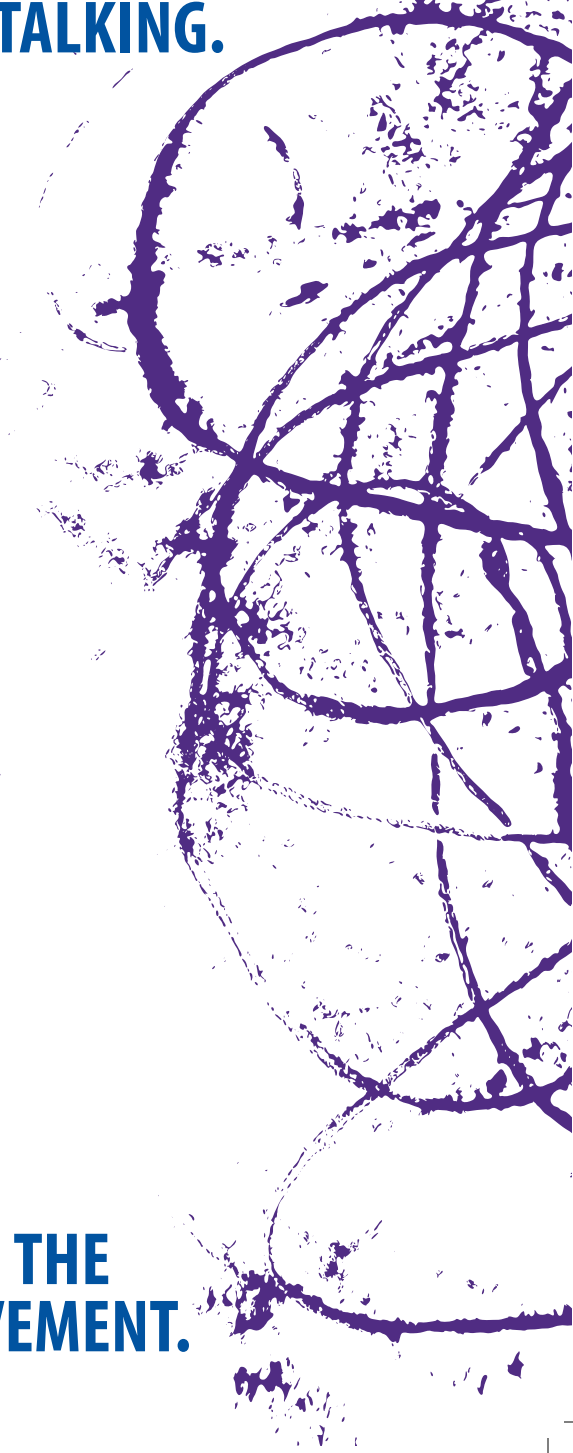
delawaregoespurple.org

Delaware Goes Purple is an initiative of the Sussex County Health Coalition with support from Highmark, DSAMH and our many partners.

**GET THE FACTS.
GET INVOLVED.
GET TALKING.**

DELAWARE GOES PURPLE

**JOIN THE
MOVEMENT.**



DELAWARE GOES PURPLE

Delaware Goes Purple is a substance abuse awareness program that will engage our community and youth to stand up against substance abuse.

The project is based upon the Herren Project, a 501(c)3 non-profit foundation established by former NBA basketball player, Chris Herren, that assists individuals and families struggling with addiction.

Delaware Goes Purple also includes implementing in-school Purple Clubs and prevention programs.

Delaware Goes Purple is an initiative from the Sussex County Health Coalition with support from the community.

The purpose of the project is to promote the “new conversation” —one that includes prescription drugs.

More information on Delaware Goes Purple is available on our website delawaregoespurple.org.

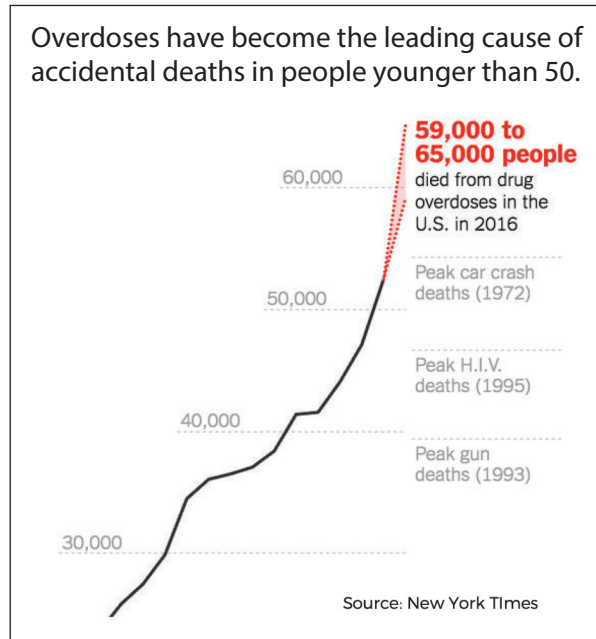
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This work is a marathon, not a sprint. The opioid crisis is a complex issue that needs a complex solution. We need the entire community to join the movement and to get engaged to bring recovery to our state.

—Peggy Geisler, Executive Director of the Sussex County Health Coalition

over **300** people in Delaware died from an overdose in 2017

Overdoses have become the leading cause of accidental deaths in people younger than 50.



PARENTS: If you're a concerned parent or caregiver, talk to your kids about the dangers of drug and alcohol use and misusing prescription drugs. When it comes to drugs, parents or caregivers are the greatest influence in their children's lives.

Need Help? Visit helpisherede.com

Children who learn about the risks of drugs and alcohol from their parents or caregivers are up to 50 percent less likely to use drugs than those who don't get the information at home.

“One of the greatest challenges for people seeking help and in active recovery is the stigma surrounding their addiction. Those struggling should know that their disease is not one that they should be ashamed of, or keep hidden. PROJECT PURPLE empowers the community to stand up to erase the stigma and to support individuals who need it the most.”

—LT GOVERNOR BETHANY HALL LONG

Nearly every day, someone in Delaware loses their battle with heroin, prescription painkillers, or other addictive drugs.

Teens need to know about the risks and consequences.

And they need to hear it from you.
helpisherede.com